

# Swim Mastery

## January Level 2 Class



### **Total Immersion™** **Swim Mastery Level 2**

**8 week program**

Member: \$160; Non-Member: \$180

**Thursday Evenings**

**6:30 pm-8:00 pm**

Starts January 10th

Intermediate/Advanced –  
Advanced aspects of efficient  
endurance swimming technique.

Prerequisites: completion of  
Level 1 or approval from Shane

Taught by Total Immersion™  
Master Coach Shane Eversfield.

Sign-up today at the Front Desk!



For more information contact Shane Eversfield:

**[Shane.eversfield@gmail.com](mailto:Shane.eversfield@gmail.com)**

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