



DUSTIN PAUL

Exercise Physiologist, Personal Trainer

EDUCATION

Buffalo State College

-B.S. in Health and Wellness

-Athletic Coaching Minor

Canisius College

-M.S. in Physical Education

SPECIALIZATIONS

- § Sports Conditioning and Injury Prevention
- § Youth weight loss and physical education
- § Sports Specific Training and Testing (e.g. Hockey, Soccer, Racquet sports, Football, Skiing, Basketball, etc.)
- § Injury Prevention/Rehabilitation

CERTIFICATIONS

AFAA: Advanced Certified Personal Trainer

ARC: First Aid/AED/CPR/Lifeguard

New York State Coaching Certification

National Safety Council: Blood Borne Pathogens Certification

BIO

- § 2000-2001 NJCAA National Ice Hockey Champion
- § Collegiate Division III Ice Hockey
- § Nationally Sponsored E-Force Racquetball Player
- § Strength and Conditioning Program Development Buffalo State Men's Soccer
- § Peak Performance Instructor
- § Coaching experience in high school Hockey, Soccer, and Basketball